

Review suggestions AIM Level 1 Exam

Division d'orthopédie
ASSOCIATION CANADIENNE DE PHYSIOTHÉRAPIE



Orthopaedic Division
CANADIAN PHYSIOTHERAPY ASSOCIATION

- Biomechanics and clinical reasoning
 - Clinical Reasoning, Basic Biomechanics, Arthrokinematics, Reliability/Validity clinical tests
- MSK Assessment
 - Scan exam, Biomechanical assessment principles
- Subjective Exam
 - Components and mandatory questions
- Objective Exam
 - End feels, selective tissue testing, capsular patterns
- Posture
 - Optimal, standing, sitting
- Gait
 - Observations of normal gait
- Manual therapy theory
 - Stages of Healing, Treatment, Medical tests/intervention
- Embryology
- Articular System
 - Bone, cartilage, synovial fluid/membrane, joint lubrication
- Inert Tissue
 - Inert soft tissue theory, Pathology (OA, fractures, contractile tissue, hormonal pathology, neurovascular pathology)
- Nervous system
 - Anatomy, ANS
- Pain
 - Transmission, modulation, referrals, mechanisms, nociceptors, gate control
- Pharmacology
 - Principles, Types, side effects
- Medical team
 - Specialized therapies, allied health professionals