



Orthopaedic Division
CANADIAN PHYSIOTHERAPY ASSOCIATION

Division d'orthopédie
ASSOCIATION CANADIENNE DE PHYSIOTHÉRAPIE

Level 2 and 3 Case History Exam Subjective Booklet

Questions to be completed following the *Subjective* Examination

Candidate Number: _____

Candidate Name: _____

Exam Date: _____

1. The table below describes different mechanisms that may be influencing the patient's pain. Based on the information provided in the subjective examination, list the evidence, if any, that would be most indicative of the three categories of influences on the patient's pain presentation. In formulating your answer, consider all 3 pain areas. (5 marks)

Nociceptive
Mechanical
Inflammatory
Peripheral Neuropathic
Central Mechanisms

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2 (a). List 3 of the most likely structures at fault for each area of symptoms.
(4.5 marks)

P1	P2	P3
1.	1.	1.
2.	2.	2.
3.	3.	3.

2 (b). For P1, explain your rationale for each of the three structures you have chosen based on the subjective data that has been provided. (3 marks)

Structure	Rationale

3. Circle the one category that best describes the overall irritability of this patient's condition. Justify your answer with 4 pieces of evidence from the subjective examination. (2.5 marks)

Mild

Moderate

Severe

What are the implications of this for the physical examination? (1.5 mark)

4. Are there any subjective examination findings that would indicate caution must be observed during the objective examination; if yes, list no more than 2 and in either case justify your answer? (2 marks)

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5. Write two subjective questions you would like to have added to this case to help rule in or out any possible psychosocial (yellow), occupational (blue/black) and/or prognostic (pink) flags. Provide your justification for why you are asking these questions. (2 marks)

6. After reading the subjective data, list the 2 (most likely) clinical hypotheses and provide 3 subjective findings to support each hypothesis. (5 marks)

7. Based on the subjective examination you have developed two clinical hypotheses. In planning your physical examination, provide only the most relevant (at least 6 and no more than 8) tests that you would use to support or negate your hypotheses. Include your rationale for choosing each test and the expected findings. (9 marks)

Test	Rationale for choosing the test	Expected Findings

Candidate Number _____
