



Orthopaedic Division
CANADIAN PHYSIOTHERAPY ASSOCIATION

Division d'orthopédie
ASSOCIATION CANADIENNE DE PHYSIOTHÉRAPIE

Level 2 and 3 Case History Exam Objective Booklet

Questions to be completed following the *Objective* Examination

Candidate Number: _____

Candidate Name: _____

Exam Date: _____

Candidate Number _____

1. Provide your main hypothesis for this patient's clinical picture. Outline in detail your rationale and justification for this hypothesis with consideration of the evidence from both the subjective and objective examination. (10 marks)

Candidate Number _____

2. State your predictive outcome, including timelines, for this patient and provide your supporting evidence. (3 marks)

3. At this point, with respect to this particular patient, are there any medical diagnostic tests that would be indicated (either now or later) or the need to refer to another health care professional? Give your rationale. (2 marks)

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4. Complete the following chart. For this patient, give 2 of the most relevant physical impairments. Relate an activity limitation and participation restriction to each of the impairments. Then indicate what outcome measurement you would choose to monitor change and provide your rationale. (4 marks)

	Physical impairment	Activity limitations	Participation restriction	Outcome measure (OM)	Rationale for OM
1.					
2.					

Candidate Number _____

5. Indicate your **PRIMARY FUNCTIONAL GOAL** as it relates to the Activity Limitations and Participation Restrictions. Select 4 of the most relevant problems related to the primary functional goal you have identified. For each problem listed, include your treatment goal and the testing criteria you would use to monitor change. (6 marks)

PRIMARY FUNCTIONAL GOAL:

PROBLEM #1

Treatment goal:

Testing Criteria:

PROBLEM #2

Treatment Goal:

Testing Criteria:

Candidate Number _____

PROBLEM #3

Treatment goal:

Testing Criteria:

PROBLEM #4

Treatment Goal:

Testing Criteria:

Candidate Number _____

6. Outline in detail the management strategies you would use over the first two treatments under the following headings: manual therapy, exercise, education and other. Include your rationale. (10 marks)

Treatment Intervention	Rationale
Manual Therapy	
Exercise	
Education	

Candidate Number _____

Other

**7. Outline in detail your progression of subsequent treatments to discharge addressing all the identified problems and provide your rationale. Use the following headings: manual therapy, exercise, education and other.
(10 marks)**

Treatment Intervention

Rationale

Manual Therapy

Exercise

Candidate Number _____

Education	
Other	

8. State 1 of your treatment interventions and briefly describe the evidence to support its use. (2 marks)

Treatment	Description of evidence